

# WELCOME!

Welcome to Chula Vista Medical Acute! Thank you for coming to help us today! We seriously would not be able to provide the exceptional care we provide to our patients without you!

## Door Codes

Staff Lounge:

7261

Supply/Clean Utility Rooms:

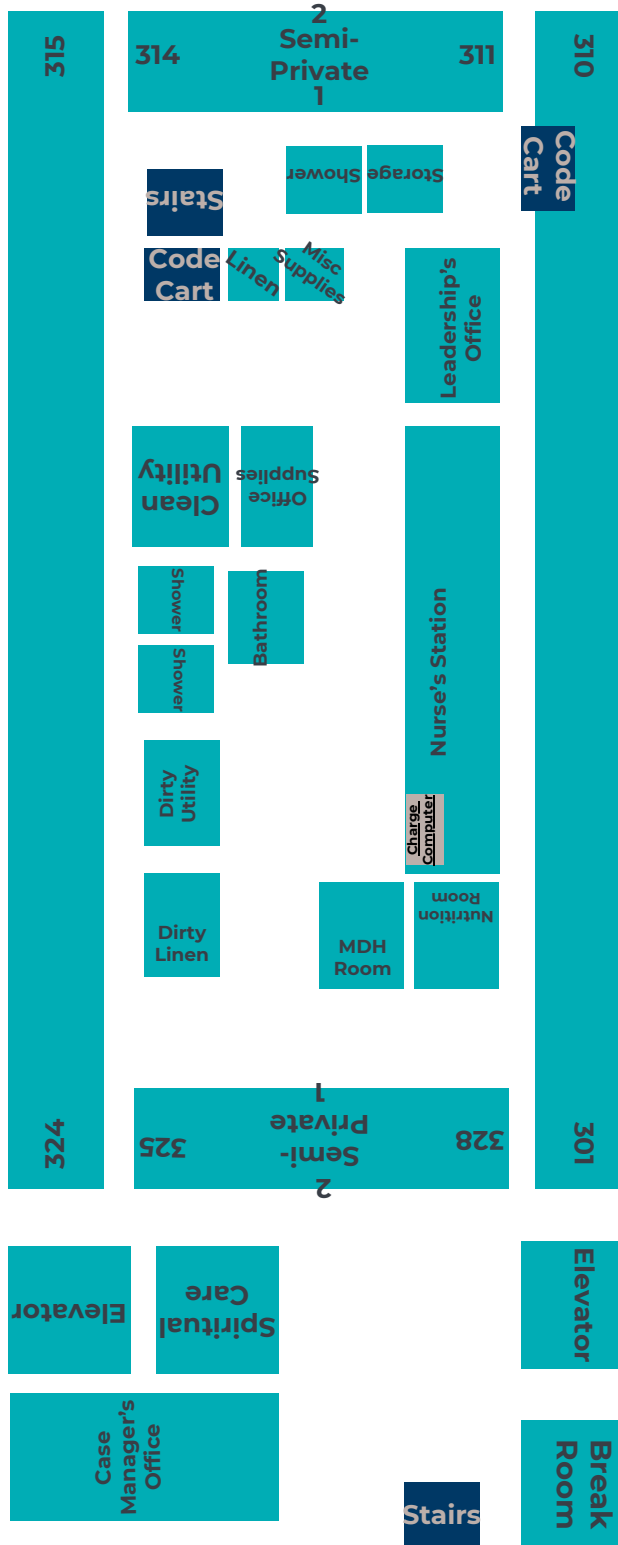
7340

Dirty Utility/Laundry Rooms:

7340

## Important Numbers

- Charge Nurse: 619-259-4942
- Leadership Office: 312-7579
  - Ashley (Manager): 619-865-1995
- Help Desk: 318-7500
- Security: 619-316-1487



# SCRIPPS MERCY

CHULA VISTA

FLOAT RN  
WELCOME BROCHURE



## 3RD FLOOR MEDICAL ACUTE



## Department Standards

- Attend 0700/1900 Huddle
- Make sure you have assigned phone.
- Report is to be done at the bedside.
- Give report to your PCAs.
- PCAs transport discharges
- Non-isolation meal trays are delivered to patients, isolation room trays are delivered by staff.
- Quiet hours are between 0000-0400. PCAs will offer sleep kits to patients each night.
- RESPECT: we are all on the same team.
- FALL RISKS: Hester Davis of 11 or higher must have fall precautions.
- LUNCHES/BREAKS: Lunch needs to be taken by the 5th hour unless you have a Meal Waiver signed.

## MODEL CARE

EXCEPTIONAL CARE, FOR EVERY PATIENT, BY EVERY CAREGIVER, EVERY TIME

### Admission

- Introduce yourself within 15 min of arrival
- Discuss reason for admit and Meds to Beds
- Complete Care board and Admission Navigator

### Daily Care

- Complete bedside report INSIDE patient's room & update care board
- Review patient itinerary by 0830, and update patient's care board by 1000
- 2 minutes meaningful connection with patient (sitting preferred)
- Ensure medication education is given with every medication administration, highlighting the purpose and side effects
- Conduct purposeful rounding
  - Pain
  - Position
  - Potty
  - Patient Safety
  - Personal Items
- ALL staff answer call lights--ALL patients are OUR patients.

### Discharge

- Complete discharge navigator
- Explain discharge planning and discharge medications to patients/family
- Discharge within 2 hours of receiving discharge orders
  - If unable to discharge within 2 hours, inform charge nurse
- Ensure patient has all belongings AND own meds from pharmacy (if applicable) are given to patient
- PCA to transport off the unit



## Useful Information

- Medications are dispensed from the Omnicell machines.
  - Remove medications via the patient profile screen. Do not override medications except in emergencies.
- Patient Control Analgesia (PCAs) must be witnessed by another RN.
- Routine IV fluids (no additives), PCA syringes, and IV/PCA tubing change every 96 hours. IV fluids with additives change daily. IV tubing changed upon new IV insert & PRN tubing contamination.
  - Label IVF with date, time, initials, & patient label. Label IV Tubing with date & time
- All high-risk patients with a Hester Davis of 11 and above must have a bed/chair alarm.
- 
- 2 RN skin check every shift must be completed on ALL admission AND patients with Braden Score LESS than 12.
- Patients admit to one of our Hospitalists will be assigned to a team color. Please see Charge RN regarding how to contact MDs.